



# FERGAL AND SALLY SMITH

## GENERAL INFORMATION

Location of farm	Moy Hill, County Clare.
Name of the farmer	<b>Fergal and Sally Smith</b>
Size of farm	<b>32 hectares</b>
Permanent staff	<b>2, 3 interns</b>
Main products of farm	<b>20-25 crops (vegetables, fruits, eggs, etc), Meat (Beef, Sheep, Chicken, Turkey).</b>

## CURRENT REGENERATIVE AGRICULTURE PRACTICES ON THE FARM

Farmland cultivated with RA practices	Whole farm
Crops produced with RA practices	<b>All crops: no dig market garden</b>
Duration of using RA practices	<b>since 2017</b>

### Description of RA practices used in the farm

- Mob grazing, moving animals everyday, allowing land to rest
- planning out his seasons with as little input as possible into the land (following holistic management practice)
- no dig market garden
- lay compost
- agroforestry
- hedgerows
- space for nature



Image 1: Fergal and Sally with their Market Garden harvest

**Regenerative agriculture.**  
An innovative approach towards mitigation of climate change through multi-tier learning.



**Erasmus+**

## STARTING AND MOTIVATION BEHIND REGENERATIVE AGRICULTURE

Main motivation	Passionate about horticulture and sustainability - "farming with intention"
Learning the RA farming practices	Learning at trainings, through reading, learning from other farmers
Did the farmer receive training?	<b>Indirect training:</b> <ul style="list-style-type: none"> <li>- Richard Perkins training</li> <li>- In person savoury institute – holistic management training</li> <li>- Eov- ecological outcome verification – online regenerative verification</li> </ul>
Did the farmer receive financial support?	<p>At the moment, RA is costing him more money as there is so little funding in the area. His incentive to invest in RA is because of higher quality of food and being able to therefore charge a higher price for his produce.</p> <p>NOTS or National Organic Skillnet is part-funding the Ecological Outcome Verification</p>



Image 2: Cows and Sheep integrated on mature grassland

## RESULTS OF REGENERATIVE AGRICULTURE

### Benefits of using RA practices

- *economic benefits*
- *environmental benefits*
- *higher quality of products*
- *reduced workload in many cases*
- *seeing the ecosystem on his farm thriving - lovely to be a part of*

### Obstacles of using RA practices

- *Lack of financial aid from government*
- *Dealing with Pests*



Image 3: Fergal fencing-off a new paddock, using the mob grazing method

Is the farmer happy overall with RA?	Yes
Does the farmer intend to continue RA?	Yes
Does the farmer intend to introduce changes in RA methods or crops?	Yes



Image 4: Fresh Salad ready for harvesting

Contacts: their website: [www.moyhillfarm.com](http://www.moyhillfarm.com)



Image 5: Orange and grey pumpkins of all different shapes and sizes



Image 6: Young calves curiously looking at the camera



Image 7: Fergal and his Market Garden

**Regenerative agriculture.**  
An innovative approach towards mitigation  
of climate change through multi-tier learning.

